



DORSET JURASSIC COAST

Your booking and payment has already been confirmed by email – please note the following information for your convenience.

Trip Set Off Point

Kimmeridge Bay OR Ringstead Bay (to be confirmed)

Finish Point

Lulworth Cove

Launch Time: 10am

Finish Time: 4pm to set up camp (flexible)

To Bring

Please see "*Kit List*" listed under "*DOWNLOADS*" on the left hand menu.

Avoid

- ❖ Denims
- ❖ Cotton shirts
- ❖ Any type of heavy boot
- ❖ Jewellery
- ❖ Drinking alcohol 24 hours prior to paddle

Recommended

- ❖ Good breakfast on the morning of the programme

Personal Hygiene and Toilet

Please refer to "*Low Impact Camping*" listed under "*DOWNLOADS*" on the left hand menu.

Fitness

Be aware – we do have some requirements for paddlers to complete the trip in relative comfort taking into account the nature of the activity. We don't paddle long distances but conditions can sometimes be challenging for some paddlers, particularly when taking into account wind and swell if there is any.

We reserve the right to refuse launch to any paddler not meeting these requirements without any refund/s. Please ring our office if you have any doubts at all.

ACCOMMODATION

Woodlands Camp and B&B

Bindon Lane
East Stoke
Wareham
Dorset
BH20 6AS

Link: <http://www.woodlandscampingpark.co.uk/index.html>

Telephone: 01929 – 462 327

Excellent camping facilities and bed and breakfast Dave and Dorothy are the proprietors – please tell them that you are part of the Nomad Group.



PLEASE NOTE

Sea kayaking is an outdoor sport and by its' very nature exposes paddlers at its worst to strong currents, wind and choppy water as well as potentially very cold conditions. The nature of this programme dictates that we paddle in most conditions. You will get wet, please come prepared. NOMAD Sea Kayaking cannot take responsibility for any injuries sustained prior to, whilst paddling and/or on completion of a trip/tour (Please see our terms and conditions available in "DOWNLOADS" in the main menu.

Equipment

All kayaks and associated equipment is the sole responsibility of the paddler using the equipment and the paddler is responsible for unloading and loading the gear & kayaks they'll be using. We do not provide 'outsize' buoyancy aids and/or kayaks and paddles. Paddlers are also responsible for any damage and/or loss of the kayak and associated equipment that belongs to NOMAD Sea kayaking.

Please feel free to ring our office on local call rate **0845 - 872 48 68** should you have any further questions at all.

We look forward to meeting you for the adventure of your year!!

