



Here at **NOMAD Sea Kayaking** we would like to 'save the world'! Sadly we can't do everything, so we concentrate on maximising our efforts and effectiveness clearing our beaches and seaways of jetsam and flotsam. This is nothing new for us, we've been doing this since our inception in April 2005; over fifteen years now.

So, as a standard, we ask all of our guests and Guides to collect flotsam wherever found on the water and we do a litter pick on every beach we land on. The litter is disposed of upon our return but of course this presents us with another problem. All of the litter we collect simply ends up in landfill anyway; we are simply recycling and so the root of the problem is not dealt with. Therefore we are attacking the problem from different angles.

Firstly, **NOMAD Sea Kayaking** has sponsored a number of beaches in Essex, Suffolk and Dorset through the **Marine Conservation Society**. Every six to eight weeks we arrange a formal land based beach clean with kayakers coming in from the sea to participate before heading back to their wild camp for the night. These beach cleans are sponsored by Honey & Harvey with each volunteer given a bite to eat and plenty of drinking water. All of the equipment is provided including gloves, hoops and bags, litter pickers and of course survey sheets to record what is collected.

In addition to the formal, organised and sponsored beach cleans, we collect refuse from every beach we land on as standard and this is brought back and disposed of with the plastics being recycled as much as is reasonably possible. This is not compulsory but we ask each of our guests to participate where they can. Every little bit helps and makes a difference.

And, ringing our bell a little, **NOMAD Sea Kayaking** were awarded the '**Living Seas**' **Award** by the Essex Wildlife Trust in 2013 for our hard work over the years.

We are also very proud to announce that we have recently launched our new 'Not for Profit' enterprise called **NOMAD Community Projects**. Through this social enterprise we will bring communities together for both the health and wellbeing of our environment as well as our neighbours and communities. Getting into and understanding the outdoors has never been more important than it is now.



Our welfare, food and, literally, the air we breathe relies on us and the actions we take. By enthusing and engaging local communities with events that both educate and enhance our local environments we can really help to make that difference.

To give an idea of some of our projects; we will be planting wild flower meadows and trees, beach cleaning by kayak to remote areas seldom reached or regarded by their local communities, working with local trusts and charities targeting the right places at the right times, and encouraging people to engage in small tasks through our social media channels on **Facebook, Instagram** and **Twitter**. You can help by volunteering your time, donating to our events by buying trees and seeds, telling people what we are doing and helping people to engage with us wherever they can.

We will be carbon off setting all of our emissions via our NOMAD Community Projects and encourage our guests and students to do the same. Should you wish to offset your carbon footprint, for yourself, your family or even your company please contact us and we would love to help! Carbon offsetting will be available to select and book for all events and on our website from late 2020, however you don't have to wait until then, just email or call us and we can help you now.

If you would like further details about our formal beach cleans, these are listed on our **NOMAD Sea Kayaking** website with additional details available on our **NOMAD Community Projects** web pages, working with the **Suffolk Coast and Heaths AONB**.

Contact us at

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or

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We look forward to seeing you soon!