

s e a k a y a k i n g

Itinerary - DOD, RAF Mildenhall, Wild Camping & Fell Hiking Weekend (2nd-4th April 2021) First draft, subject to amendment.

Day 1: Patterdale circular Day Hike

Distance: 5.8 miles (Wild Camp 1 at Angle Tarn)

Elevation: 2181 ft

Summary

The group is travelling to Patterdale in the morning. Once the group has gathered to weigh rucksacks & safety brief, we'll set off south through the valley, hiking on tarmac & grass for the most part with no elevations of note. At around the 3 mile mark we head east & begin climbing to a little over 2 100 feet & head north west over the plateau. The trail here is indistinct, rough & boggy & we have to pay attention to navigation to not lose our way.

At just under the 6 mile mark, we reach our camp site at **Angle Tarn** at an elevation of 2 181 foot. At altitude, the site is exposed to strong winds & can get cold depending on the weather on the evening.



WILD CAMP SITE 1, ANGLE TARN

Edit Route Details

DAY 1: PATEDDALE DAY HIKE - CIRCULAR.

☆☆☆☆☆ Rate this route

Not rated

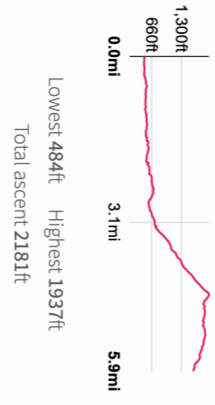
5.8mi 2h 58min

Day hike from Patterdale Hotel to The Knott and back round to our over night camp site at Angle Tarn.

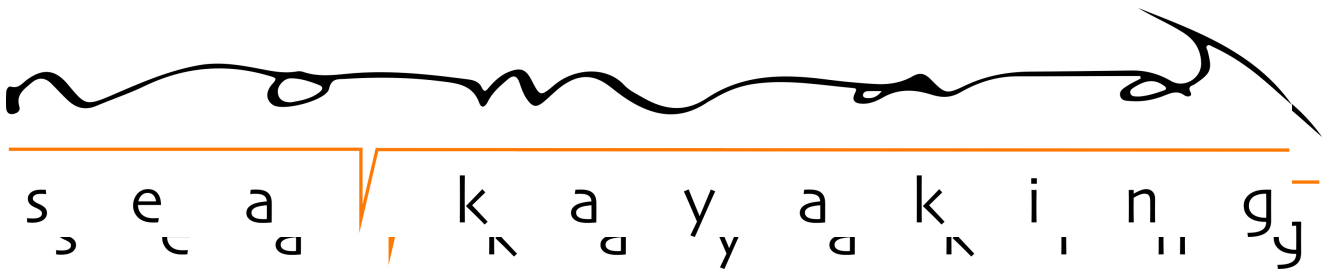
- Add to favourites
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- Start fly-through

Route card

Elevation



Grid Ref Expand Print Help ?



s e a k a y a k i n g

Day 2: Patterdale To Grasmere

Distance: 8.1 miles (Wild Camp 2 outside Grasmere)

Elevation: 2 177 ft

Summary

Breaking camp on the morning of Day 2, we have an easy descent to the village of Patterdale where we'll stop for breakfast. The route up the valley out of Patterdale is beautiful with a steady ascent & a good trail for the most part. Once at the top of the valley we'll see **Grisedale Tarn** to our right at an elevation of around 2 177 foot & being exposed, can be windy & cold even in early spring. The next section descends into a small catchment basin & is very rocky underfoot. This eases into a steady descent down the side of the



DAY 2: ELEVATION CHART, PATTEDALE TO GRASSMERE

mountain towards **'Tongue Gill', our wild camp for night 2.** This is a wonderful camp site with a fast flowing mountain stream providing (filtered) drinking water & flat ground for pitching tents. A 5-8 minute walk brings us to the **'Travellers Rest'** pub where we can enjoy food & drinks.

DAY 2 PATTERDALE HOTEL TO GRASSMERE CAMP SITE NEAR TRAVELLERS REST PUB.

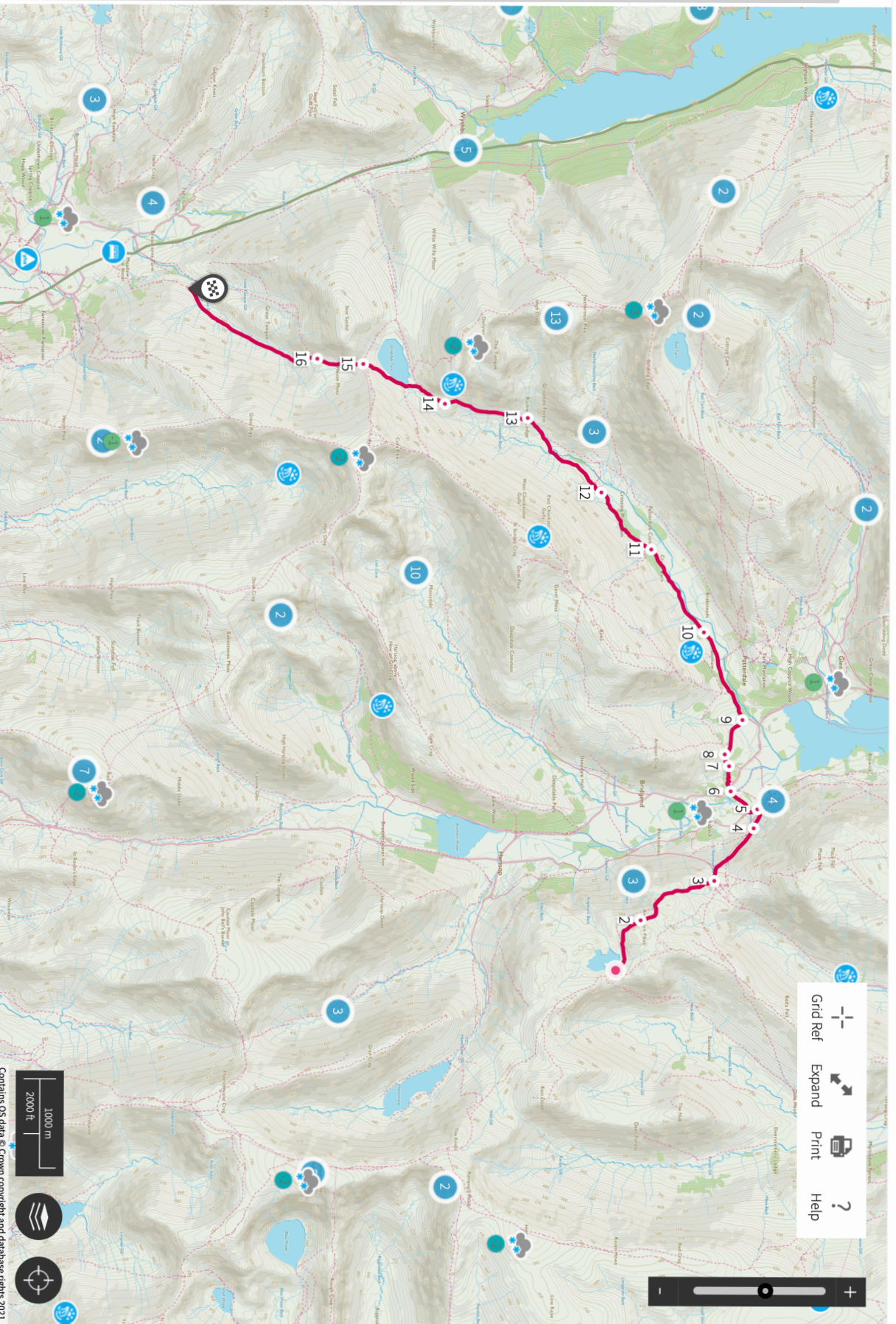
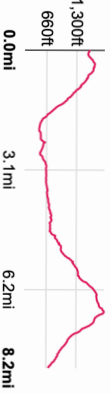
☆☆☆☆☆ Not rated [Rate this route](#)

8.1mi 3h 42min

Patterdale Hotel up the valley and over past Grisedale Tarn and down Tongue Gill to the over night camp site at the beck near the Travellers Rest pub.

- Add to favourites
- Export GPX
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- Start fly-through

Route card



Day 3: Grasmere Calf Crag Circular

Distance: 4 miles

Elevation: 1 255 ft

Summary:

The final day has the group travelling back in the late afternoon. We break camp for an easy hike on tarmac through the lanes skirting the village of Grasmere. Heading north west, we'll see the imposing feature of 'Helm Crag' in the distance & that is our destination. Reaching the foot of the mountain, we'll make a sharp climb of 1 255 foot to the summit to enjoy the magnificent 180 degree views from the top over the valley & Grasmere itself.

We'll stop here & enjoy some food & the wonderful views, taking photos & video from the top. When we are all ready, we'll make the steep descent down the front of 'Helm Crag' entering the valley & heading south east for an easy hike on tarmac & grass towards Grasmere Village.

Grasmere is a major highlight of the Lake District & as such should be enjoyed. We suggest a light lunch in one of the many cafes on offer before setting off for the return journey.

Summary of Event

Total Estimated Mileage: 18 statute miles (this will fluctuates based on the exact route taken which will probably vary a little based on the conditions on the day & how the group feels.

Total Elevation: 5 613 foot

Note: Bring plenty of cash change for cafe's and shops along the way.

This is a working document and will be amended as appropriate prior to the event. The information in this document is accurate and based on Guide experience of the area as well as research and little will change.

Route Details

DAY 3: GRASSMERE CIRCULAR

☆☆☆☆☆ Rate this route

Not rated

3.9mi 1h 54min

Short circular with climb over the top of Helm Crag & back down into Grassmere - Short day

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Route card

Elevation

